

## Patient Instructions: Dobutamine Stress Test

A Dobutamine stress echo is performed when it is inappropriate for you to exercise on the treadmill. Dobutamine is a medication administered to place your heart under a similar amount of strain as would be achieved with exercise. This information can assist your cardiologist in assessing the state of your heart muscle and the arteries feeding that muscle.

To prepare yourself for the test, please avoid eating anything heavy for 2 hours prior to the test.

We also ask you to please avoid caffeine (coffee, tea and coke) and refrain from smoking for 2 hours prior to the test. Please ensure you are well hydrated.

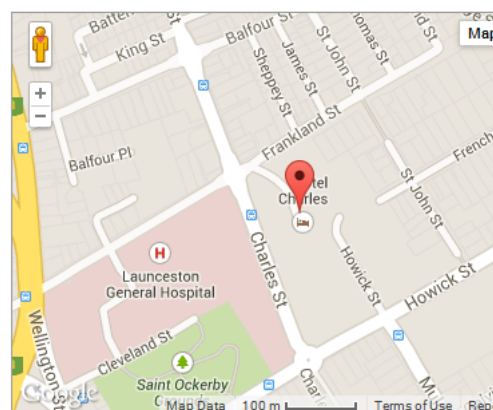
If you take any of the following medications, please **DO NOT** take them on the day of your test.

Drug	Similar Brand Names Containing this Drug
<b>Atenolol</b>	Tenormin, Noten, Tensig
<b>Bisoprolol</b>	Bicor, Bicard, Bispro
<b>Carvedilol</b>	Dilatrend, Vedilol
<b>Metoprolol</b>	Metrol, Betaloc, Lopressor, Minax, Toprol XL
<b>Nebivolol</b>	Nebilet
<b>Oxprenolol</b>	Corbeton
<b>Propranolol</b>	Inderal, Deralin
<b>Sotalol</b>	Sotacor, Solavert, Cardol
<b>Amlodipine</b>	Norvasc, Caduet, Exforge
<b>Diltiazem</b>	Cardizem, Vasocardol, Diltahexal
<b>Felodipine</b>	Felodur, Plendil
<b>Lercandipine</b>	Zanidip, Lercan, Zan-Extra
<b>Nifedipine</b>	Adalat, Adefin, Addos
<b>Verapamil</b>	Isoptin, Cordilox, Veracaps, Anpec
<b>Olmesartan</b>	Benicar, Olmetec

Charles Clinic is conveniently located in the Mantra Charles complex, 110/287 Charles Street, Launceston (opposite the Launceston General Hospital - access off Frankland Street)

There is dedicated parking and 2 disabled parking spaces for our patients immediately in front of the clinic.

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